

# Well London

Communities working together  
for a healthier city

www.london.gov.uk/welllondon

# Active living

Haringey

This is the first time that this type of joined-up approach to improving health has been tried on a regional scale.

This Active Living Map is one of 14 different projects that will be delivered in local areas.

Work has already been done to understand the specific needs of each community, and some projects are already underway. Depending on the needs of the community, a selection of the following projects will be delivered in that area:

**CADBE (Community engagement, assessment, design, brokerage, enterprise)** – our groundbreaking research and evaluation framework is already helping us understand the health needs of local people.

**Buywell** – will make it easier to buy good quality, affordable and culturally sensitive food locally.

**Eatwell** – will increase rates of healthy eating and promote a sense of community through celebrating good food and practical activities like cook and eat clubs.

**DIY Happiness** – will use humour, creativity and evidence to provide practical advice and information that will increase people's ability to reduce both the physical and the psychological impact of stress, increase resilience, and build durable personal resources.

**Healthy spaces** – will make physical improvements to local green and open spaces, involving

the local community in every step from planning to implementation.

**Activate London** – will increase physical activity levels through increasing the range of sports and active recreation activities available to communities.

**Be Creative, Be Well** – will use arts and cultural activity to help involve communities and individuals to improve environments and provide accessible physical activities.

**Changing minds** – will recruit and train local people with direct experience of mental ill health to deliver mental health awareness training in target communities.

**Well London Delivery teams** – are teams of volunteers in each area that will help people to make healthier choices.

**Training communities** – will train members of the community so they can be fully involved in supporting the delivery of the other projects.

**Youth community** – will make sure that children and young people are included in all aspects of the programme.

**Mental well-being Impact Assessment** – will enable people to identify the potential impacts on mental well-being of their proposals / projects / programmes.

**WellNet** – will establish a learning network for communities and professionals across all the projects including events, newsletters and web sites.

# Well London

Well London is funded by the Big Lottery Fund. It will work with local people to transform health in twenty London neighbourhoods. The Well London programme will invest in local projects:

- Promoting mental health and well-being
- Improving healthy eating choices
- Promoting access to open spaces and increasing physical activity

Well London has been developed by a unique alliance of seven partners:



For more information on Well London and how to get involved please contact:

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## Key



### Schools

A3	Rhodes Avenue Primary School	Rhodes Avenue, N22 7UT, 020 8888 2859
B0	Earham Junior School	Earham Grove, N22 5HJ, 020 8888 2780
B0	Haringey Pupil Referral Unit	Commerce Road, N22 8DZ
B0	Nightingale Primary School	Bounds Green Road, N22 8ES, 020 8888 3736
B1	Beehive School	Finsbury Road, N22 8PA
B1	Greek Secondary School of London	Avenue Lodge, N22 7EU, 020 8881 9320
B1	St Michael's CofE Primary School	Bounds Green Road, N22 8HE, 0870 460 6274
B2	Alexandra Junior School	Western Road, N22 6UH, 020 8888 9771
B2	St Paul's RC Primary School	Bradley Road, N22 7SZ, 020 8888 7081
B4	St Mary's CofE Infant School	Church Lane, N8 7BU, 020 8348 7805
C1	Williams House, Medical Needs PRU with Tuition Service Williams House	1 Williams Grove, N22 5NR
C2	Noel Park Primary School	Gladstone Avenue, N22 6LH, 020 8888 8967
C4	North Haringey Primary School	Falkland Road, N8 0NU, 020 8348 0948
D1	Lordship Lane Primary School	Ellenborough Road, N22 5PS, 020 8888 6541
D2	Belmont Junior School	Rusper Road, N22 6RA, 020 8888 8261
D3	Woodlands Park Junior School	St Ann's Road, N15 3TD, 020 8800 5698
D3	Woodlands Park Nursery Centre	Woodlands Park Road, N15 3SD, 020 8802 0041
D4	St John Vianney RC Primary School	Stanley Road, N15 3HD, 020 8889 8421



### Environment

B1	Ranelagh Road Allotment	Adjacent to 9 Ranelagh Road, N22
D0	White Hart Lane Allotment	Corner of White Hart Lane and Rivulet Road, N17
D0	Stockton Road Allotment	Adjacent to 23 Stockton Road, N17
D3	Mannock Road Allotment	Off Westbury Avenue, N22
E1	Gospatrik Road Allotment	Gospatrik Road, N17
E0	Rivulet Road Allotment	End of Rivulet Road, N17
E0	Courtman Road Allotment	17-19 Courtman Road, N17
E0	De Quincey Road Allotment	Entrance off the Roundway, N17



### Food

B1	Bounds Green Road, Nightingale School Playground	
B2	Brook Road Wood Green Car Park	
C2	Wood Green Shopping City and Mall	
C3	The Food Centre	68-70 Turnpike Lane N8 0EE, 0208 8888 1927
D0	White Hart Lane, Wood Green, Sports Centre Car Park	
D1	Turkish Food Centre	542 Lordship Lane N22 5BY, 0208 8365 8846



### Physical activity and social clubs

A2	Alexandra Park	N8 7BH, 07980 898121, www.apclub.co.uk
B0	Cypriot Community Centre	Earham Grove, N22 5HJ, 020 8881 2329
B1	Hoffmann Foundation 2 Park Avenue,	N22 7EX, 020 8888 8182
B1	Wood Green Labour Club & Institute	3 Stuart Crescent, N22 5NJ, 020 8888 2747
B2	Community Centre	

B2	Council Of Asian People (CAP) Centre	8 Caxton Road, N22 6TB
B2	Noahs Ark Day Nursery	146, Mayes Rd, N22 6SY, 020 8888 4730
B3	African Caribbean Day Nursery	30 Hornsey Park Rd, N8 0JP, 020 8889 4222
C0	Woodside Day Centre	57 White Hart Lane, N22 5SJ, 020 8888 5245
C0	Youth and Community Centre	
C1	Day Centre for the Physically Handicapped	N22 6YQ, 020 8889 6161, www.virginactive.co.uk
C2	Holmes Place Health Club (Wood Green)	N22 6JA, 020 8348 6005, r.turpin@btvov.org.uk
C2	Noel Park Neighbourhood Walkers	24 Lymington Avenue, 020 8888 9466
C2	Salvation Army Community Centre	The Sandlenders, Wood Green, N22 6XR
C2	The Sandbunker Community Room	Ashley Crescent, Noel Park, N22 6LJ
C2	St. Mark's Church	30 Willoughby Road, N8 0JG
C3	Asian Action Group	23 Burghley Road, N8 0QG
C3	Burghley Road Under 5s	
C4	Haringey Grove Community Centre	389-395 Wightman Road, N8 0NA, 020 8348 0353
C4	London Islamic Cultural Society & Community Centre	
C4	Parish Hall	
D0	New River Sports Centre	N22 5QW, 020 8881 2323, www.haringey.gov.uk
D1	Shropshire Hall	hartley.alleyne@haringey.gov.uk
D2	Noel Park Day Care Centre	Shropshire Hall, Gladstone Avenue, N22 6LD
D2		Maurice Avenue, Noel Park, N22 6PU
D2		020 8881 8585
D3	Haringey Chinese Centre	211 Langham Road, N15 3LH, 020 8881 8649
E0	The Haven Day Centre	20A Walthof Gardens, 020 8885 5199



### Health advice and information

B0	Alpha Pharmacy	18 Commerce Road, N22 8ED, 020 8888 1584
B0	Doctors Surgery	391 High Road, N22 8JB, 020 8889 1115
B0	Haringey Healthcare NHS Trust	276 High Road, N22 8JT, 020 8829 1000
B0	The Canning Crescent Centre	276 High Road, Wood Green, N22 8JT
B0		020 8829 1000
B0	The High Road Surgery	391 High Road, Wood Green N22 8JB
B0		020 8889 1120
B1	Doctors Surgery	21 Stuart Crescent, N22 5NN, 020 8889 1001
B1	Haringey Youth Service	River Park House, 225 High Road, Wood Green, N22 8HQ, 020 8489 3388
B1	Lloyds Pharmacy	240 High Road, Wood Green, N22 8HH
B1		020 8889 0150
B1	Martha Forrester	36 Selborne Road, N22 7TH, 020 8888 3720
B1	Morum House Medical Centre	3-5 Bounds Green Road, N22 8HE, 0844 477 8650
B1	Staubton Group Practice	3-5 Bounds Green Road, N22 8HE, 0844 477 8651
B1	Stuart Crescent Health Centre	Stuart Crescent, N22 5PR, 020 8889 5641
B3	Clarendon Day Centre	Clarendon Road, N8 0DJ
C1	Cocan Ltd	698 Lordship Lane, N22 5JN, 0800 002 5140
C1	Doctors Surgery	730 Lordship Lane, N22 5JN, 020 8889 5641
C2	Boots The Chemists Ltd	137-139 High Road, Wood Green, N22 6BA
C2		020 8881 0101
C2	Management Care Retail Pharmacy (McRx Ltd)	17 The Broadway, High Road, Wood Green, N22 6DS, 020 8888 1605
C2	Morrison's Instore Pharmacy	199-201 High Road, Wood Green, N22 6DR
C2		020 8881 4841

C2	Mr R Levy	158 High Road Wood Green, N22 6EB
C2		020 8888 7100
C2	Superdrug Stores Plc	88-96 High Road, Wood Green, N22 6HE
C2		020 8888 6041
C3	Alexandra Road Crisis Unit	32 Alexandra Road, N8 0PP, 020 8365 7287
C3	Doctors Surgery	10 Havergal Villas, Green Lanes, N15 3DY
C3		020 8888 6662
C3	Doctors Surgery	9 Havergal Villas, Green Lanes, N15 3DY
C3		020 8888 6662
C3	Haringey Racial Equality Council	14 Turnpike Lane, N8 0PT, 020 8889 687
C3		1haringeyrec@aol.com
C3	Hornsey Park Surgery	114 Turnpike Lane, N8 0PH, 020 8888 2227
C3	MAC Dental Woodgreen Dental Practice	7a High Road, Wood Green, N22 6BH
C3		020 8888 0363
C3	Turnpike Lane Citizens Advice Bureau	14A Willoughby Road, N8 0JJ, 0870 126 4030
C3	Walwick Pharmacy	5 High Road, Wood Green, N22 6BH
C3		02088884288
D1	Cross Chemist	471 Lordship Lane, N22 5DJ, 020 8888 4166
D1	Doctors Surgery	205 Westbury Avenue, N22 6RX, 020 8888 3021
D1	J Lord Pharmacy	439 Lordship Lane, N22 5DJ, 020 8888 1022
D2	Alfred Findlay House	6 Meads Road, N22 6SJ, 020 8881 9290
D2	Savemore Pharmacy	67 Westbury Avenue, N22 6SA, 020 8888 5360
D2	The Surgery	26 Westbury Avenue, N22 6RS, 020 8888 3227
D3	Vivien Burgoyne	5 Stanmore Road, N15 3PR, 020 8889 5930
D4	Andrea Pitter	386 West Green Road, N15 3QL, 020 8882 1000
D4	Haringey Community & Police Consultative Group	461a West Green Road, N15 3PW, 020 8889 0590
D4	Paulette Gibson	386 West Green Road, N15 3QL, 020 8376 6740
E0	Beauty-Chem Chemist	11 Great Cambridge Road, N17 7LH, 020 8808 4015
E0	Doctors Surgery	Waltheof Gardens, N17 7EB, 020 8801 1277
E0	Haringey Healthcare Trust	1a Waltheof Gardens, N17 7EA, 020 8216 9680
E0	Porter Pharmacy	50 Great Cambridge Road, N17 7BU, 020 8808 7031
E1	Adolescent Outreach Team	9 Bruce Grove Tottenham, N17 7ET, 020 8365 1380
E3	Doctors Surgery	326 Philip Lane, N15 4AB, 020 8808 0322
E4	Aarogya Medical Centre	270-274 West Green Road, N15 3QR
E4		020 8365 7282
E4	Allucres Pharmacy	331 West Green Road, N15 3PB, 020 8888 3040
E4	Dr Akunjee	339 West Green Road, N15 3PB, 020 8881 9606
E4	Ram Pharmacy	1 Vicarage Parade, West Green Road, N15 3BL
E4		0208884745
E4	The Surgery	1 Spur Road, N15 4AA, 020 8800 9837



### Arts

A0	Bounds Green School Playground Action Group	Bounds Green Junior & Infant School, Bounds Green Road, N11 2QG, 020 8888 8838
A3	Jade Theatre Company	32 Clovelly Road, N8 7RH, 020 8340 3088
A4	Kurdish Advice Centre	St Mary's Community Centre, Birkbeck Road, N8 7PF
A4		020 8347 8657
A4	L'Khaim Theatre Company	17 Chestnut Court, Middle Lane, N8 8NU
A4		020 8341 1205
B0	Cypriot Centre Youth Action	Cypriot Centre, Earham Grove, Wood Green, N22 5HJ, 020 8881 2329

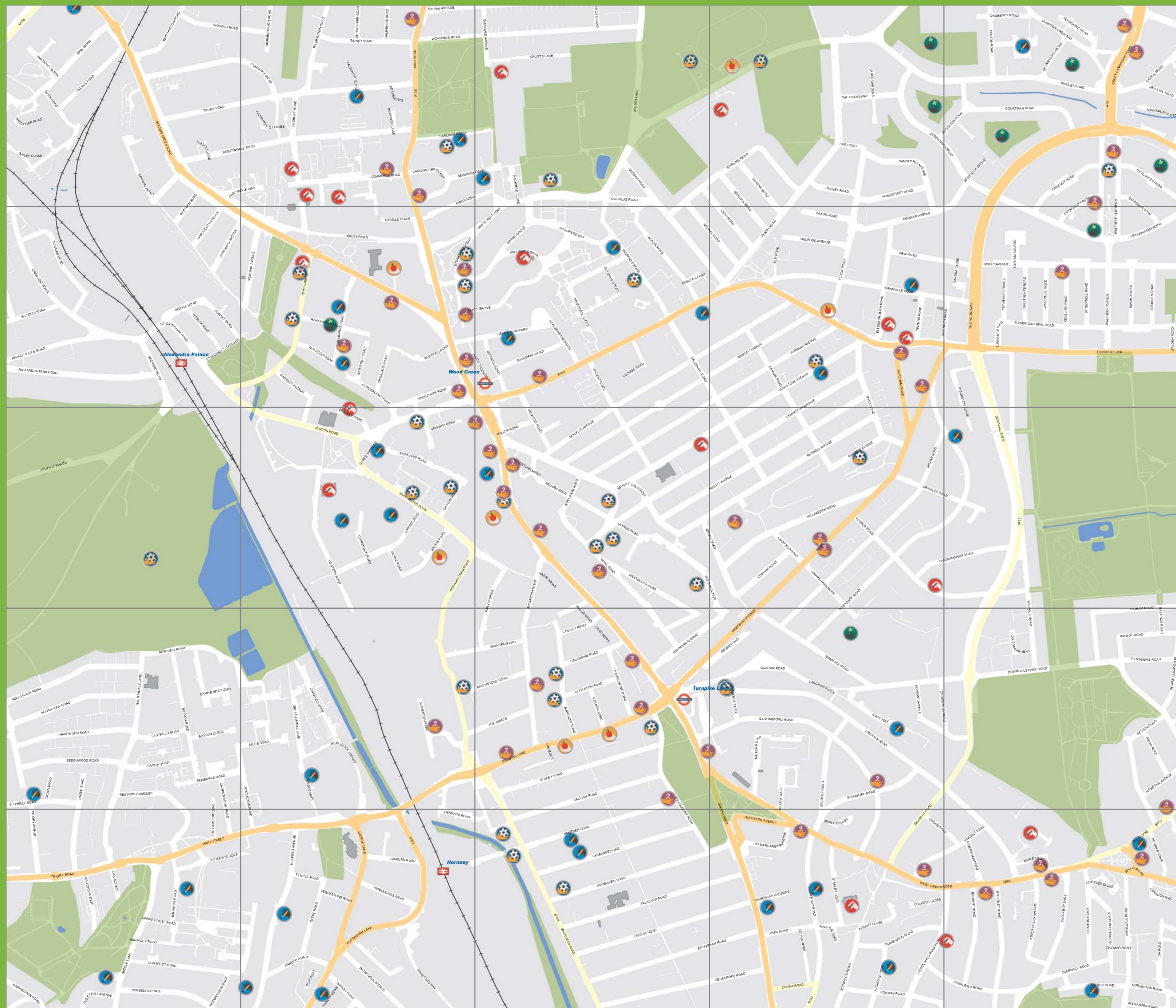


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A B C D E







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This map provides information on all of the different facilities in your local area that can help you live a healthier lifestyle. Parks, allotments, gyms and sports centres, advice clinics and GP's surgeries, if it will help you get fit and healthy, it's on the Active Living Map.

We hope you find this map useful. Please send any comments you may have or any ideas on what you would like to see on future versions of this map to: [alm-london@groundwork.org.uk](mailto:alm-london@groundwork.org.uk)

### Key

-  Physical activity and social clubs
-  Health advice and information
-  Art
-  Environment
-  Schools
-  Food

# Active Living Map

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