for a healthier city Communities working together

www.london.gov.uk/welllondon

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8044 8968 020

4722 0968 020

9246 1968 020

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Harlesden NW10 4HT

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Harlesden NW10 4HT

020 8453 1470

120 8968 7454

7678 8968 020

020 8451 6079

Design Works, Park Parade,

Design Works, Park Parade,

Unit 54 Design Works, Park Parade,

Unit 57 Design Works, Park Parade,

Unit 51 Design Works, Park Parade,

25-27 High Street, NW10 4NE

96 Tubbs Road, NW10 4SB

25-27 High Street, NW10 4NE

Flat 1 John Buck House, Fry Road,

High Street, Harlesden NW10 4LT

103 Church Road, NW10 9EG

Challenge House 1-2 Bank Buildings,

oositive.futures@crimeconcern.org.uk

Valliere Road, NW10 6AL

evalivetn@btinternet.com

www.capitalcityacademy.org

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020 8459 3487

71 to 73 High Street, Harlesden NW10 4NS

34 Manor Park Road, Harlesden NW10 4JJ

College Park Residents Association

Kenmont Play Centre

Harlesden Assembly

St Marks Church Hall

Capital City Academy

Community Centre

Salvation Army

КоадРеасе

Mission Dine Club

Stonebridge Older Persons Forum

Churchend & Roundwood Unity Centre

Physical activity and social clubs

CS

CS

Northwest 10 youth club

Kingshall Youth & Community Centre

Greater London Somali Community

French Christian Community Bethel

Harles Methodist Church Hall & Community Rooms

Harles Methodist Church Hall & Community Rooms

Abras-Associacao Brasileira No Reino Unido

Willesden High

12-14 Letchford Gardens, NW10 6AS

All Souls Avenue, Harlesden NW10 5AL

regional scale.

This Active Living Map is one of 14 activities. approach has been tried on a This is the first time that this type of

involve communities and individuals

Eatwell - will increase rates of

culturally sensitive food locally. good quality, affordable and Buywell – will make it easier to buy provide accessible physical to improve environments and

communifies. active recreation activities available increasing the range of sports and physical activity levels through Activate London – will increase rom planning to implementation.

190 High Street, NW10 4ST

115-117 High Street, NW10 4TR

High Street, Harlesden NW10 4LT

Challenge House 1-2 Bank Buildings,

7 Library Parade, Craven Park Road,

96 Craven Park Road, NW10 4AG

26 Park Road, NW10 81A

Greenhill Park, NW10 9AR

108 Craven Park, NW10 8QE

103 Church Road, NW10 9EG

4 Stonebridge Shopping Centre,

hakespeare Cresent, NW10 8XW

Knatchbull Road, NW10 8XQ

Craven Park Health Centre,

1 Webb Close, W10 5QB

JA8 01WV nebsehaH, eunevA JhgihiaH 62-72

25 Station Road, NW10 4UP

ordelia.flick@nhs.net

0218 8968 020

020 7624 4330

0197 1968 020

www.cnwl.org

020 8961 1183

0214 1968 020

020 8961 3653

2112 9968 020

020 8429 2620

7998 9968 070

1210 2968 020

0210 8968 020

070 8962 1140

8044 8968 020

4722 0368 020

Doctors Surgery

The Brent Private Tenants Rights Group

Brent Community Alcohol Service

Fairlight Rehabilitation Unit

Harlesden One stop Shop

Serena Dispensing Chemist

Brights Dispensing Chemist

Greenhill Park Medical Centre

Asian Womens Resource Centre

Capo Power Media Services

Craven Park Health Centre

Family Planning Services

Craven Park Health Centre

Health and advice

Dalgarno Community Centre

Kenmont Play Centre

College Park Residents Association

arts and cultural activity to help

Be Creative, Be Well – will use

including events, newsletters and

network for communities and

that will help people to make teams of volunteers in each area

Well London Delivery teams -

the delivery of the other projects.

included in all aspects of the that children and young people are

needs of local people.

CADBE (Community

can be fully involved in supporting

members of the community so they Training communities – will train

Youth community - will make sure

helping us understand the health evaluation framework is already

design, brokerage, enterprise) engagement, assessment,

selection of the following projects

on the needs of the community, a are already underway. Depending

nuderstand the specific needs of

Work has already been done to

delivered in local areas.

different projects that will be

each community, and some projects

will be delivered in that area:

our groundbreaking research and

healthier choices.

programme.

professionals across all the projects

WellNet - will establish a learning

Victims Support Brent Scheme

Craven Park Pharmacy

Park Road Surgery

S & S Chemists

Doctors Surgery

Cancer Black Care

the local community in every step green and open spaces, involving physical improvements to local Healthy spaces – will make

training in target communities deliver mental health awareness experience of mental ill health to train local people with direct Changing minds – will recruit and

projects / programmes. mental well-being of their proposals to identify the potential impacts on Assessment – will enable people

Mental well-being Impact durable personal resources. increase resilience, and build psychological impact of stress, reduce both the physical and the that will increase people's ability to practical advice and information

creativity and evidence to provide DIY Happiness – will use humour, like cook and eat clubs. good food and practical activities of community through celebrating healthy eating and promote a sense

070 8964 9840 147 Bathurst Gardens, NW10 5JJ Lucy Burtt 020 8429 1360 020 8429 4393 MMS 2HG 9 Sidmouth Parade, Sidmouth Road, Richards & Curtis Pharmacy 020 8459 1359 674677 44480 YUZ OYWN Doctors Surgery Wrottesley Road Surgery, 9 Wrottesley Road, 020 8727 3350 Brahma Kumaris World Spiritual University Arlington Care Association 25 Station Road, NW10 4UP yetunde.adesanya@brent.gov.uk 020 8961 7539 THA 01WN nebsehaH Design Works Room 4, Park Parade, African & Caribbean Resource Centre Harlesden NW10 4HT & Caribbean Resource Centre Design Works, Park Parade, 83 High Street, Harlesden WW10 4NT 020 8965 0872 CS Mr G G LAI 1B Wendover Road, Harlesden NW10 4RX Clocktower Dental Surgery 122 High Street, Harlesden NW10 4SP Brent Sickle Cell And Thalassaemia Centre 9677 1968 020 54 Station Road, Harlesden NW10 4UA Sickle Cell Society 161 High Street, Harlesden NW10 4TL Harlesden Job Centre Plus 9079 1968 070 79 High Street, Harlesden, NW10 NS Catto Chemist CS 96-98 High Street, Harlesden, NW10 4SL Chana Chemist 90 High Street, Harlesden, NW10 4SL Harlesden Fresh Fish CS YS4 01WV ,nahesden, Harlesden, WW10 4SY Cafe du Portugal C5 7308 13087 3057 37-41 High St, Harlesden, WW10 4NE Way2Save

Total Rhythm Congo Music,

The Drama Workhouse

ħΑ

Mahogany Community Ventures Ltd

1949 1968 020

020 8459 8286

1818 3968 020

704092 79370

London NW10 8LT

17a, Craven Park Road, London NW10 8SE

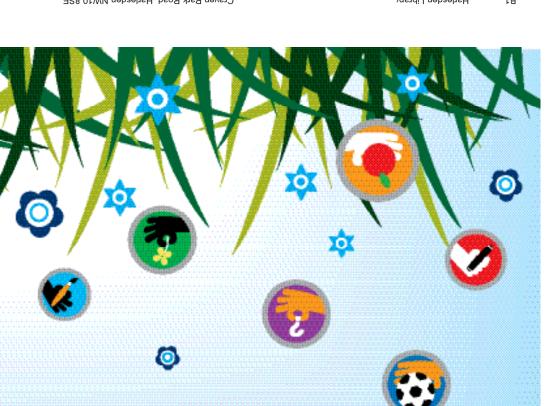
90A, Church Road, London NW10 9QH

Unit 15, The Shopping Precinct, Hillside,

38a, Bruce Road, London NW10 8QS

The Church of God of Prophecy, NW10 4SD Scott House School Kenmont Primary School Valliere Road, NW10 6AL Furness Road, NW10 5YT Cardinal Hinsley Mathematics and Computing College Harlesden Road, NW10 3RN Doyle Gardens, NW10 3ST Crownhill Road, NW10 4EP Convent of Jesus and Mary Language College Crownhill Road, NW10 DR John Keble CofE Primary School Acton Lane, NW10 8UT Harlesden Primary School Longstone Avenue, NW10 3UD Newfield Primary School CO 10 Station Road, NW10 4UE Scott House School Schools Kensal Rise, Leighton Gardens ZΞ Willesden, London WW10 2HP Tower Road (off Pound Lane) NSE 01WV , nobno. (or behind Club in Estate Rd) Kensal Rise, Longstone Avenue (North End) Furness Road Entrance in Harlesden Lane Harlesden, London NW10 3UE Environment 45, Ravensworth Road, London, NW10 5NP Lingua Portuguesa Dollis Hill House Trust 23, Alverstone Road, London NW2 5JS 25, High Street, London NW10 4NE Trinity Youth Club 55 St John's Avenue, Harlesden, London Hype Fm





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Brent South Community Mental Health Team

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8409 9968 070

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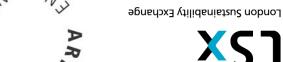
E: helenc@eldersvoice.org.uk

East London

For more information on Well London and how to get involved please

## trusT noitebnuo3 2HM South London and Maudsley WHS

















Well London has been developed by a unique alliance of seven

- Promoting access to open spaces and increasing physical activity
  - Improving healthy eating choices Promoting mental health and well-being
- London programme will invest in local projects: people to transform health in twenty London neighbourhoods. The Well

Well London is funded by the Big Lottery Fund. It will work with local









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