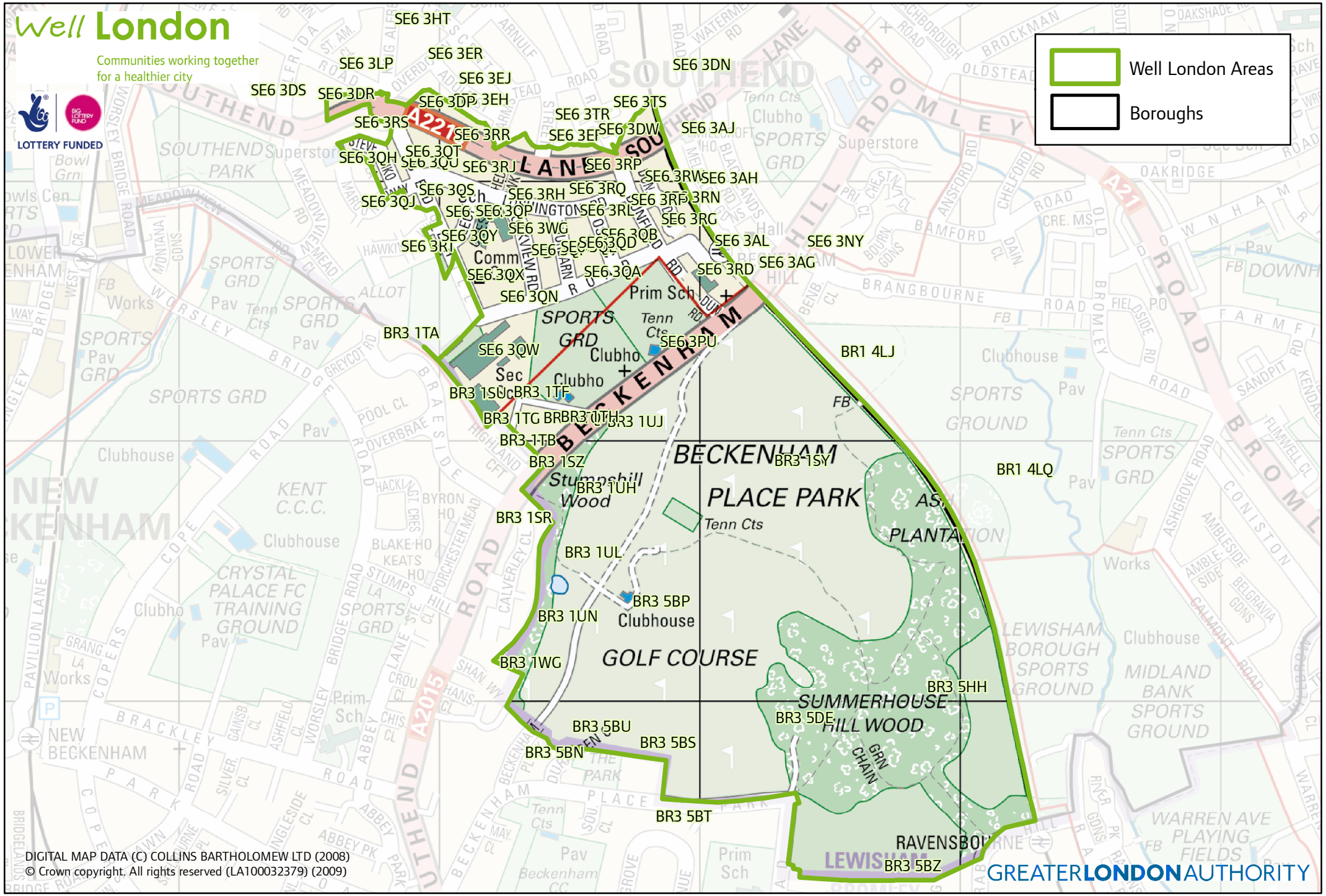Bellingham (Lewisham)