



Well London

Communities working together  
for a healthier city

**London Community Feast: Promoting well-being through community-led projects**

Tuesday May 19<sup>th</sup> 2009 10.30-1.30pm including lunch (Registration from 10-10.30am)  
Dragon Hall, 17 Stuckely Street, London, WC2B 5LT  
A Wellnet event in partnership with London Food Link

## Agenda

- 10-10.30 Registration, refreshments and information stalls
- 10.30 Welcome, introductions and housekeeping – Jane Mulholland, LSx
- 10.35 **Presentations:**
- *Well London* - Afsheen Rashid, LSx and Hannah Williams, London Food Link
  - *London Food Link* - Suzanne Natelson, London Food Link
- 10.50-11.50 **Workshops:**
- Sharpening your funding applications – Claire Pritchard, GCDA
  - Setting up cook and eat courses – Andrea Redwood, GCDA
  - Running and setting up food co-ops – Maresa Bossano, LFL
- A workshop note taker will record the key points for distribution at a later date*
- 11.55 -12.25 **Cookery demonstration and talk** from Cyrus Todiwala, Café Spice Namaste
- 12.25 -1.00 **Group presentations**
- Phoenix food co-op
  - Calthorpe Project
  - Aardvark
  - Friends of Brixton Market
- 1.00 -1.30 Lunch provided by Café Spice Namaste, and networking
- 1.30 Finish